Student Counseling Center
Facts about Receiving Services

The following are points of information which may be helpful for you as you get started with our services.

**Confidentiality:** We keep your information confidential except under certain circumstances. Please see the Student Counseling Center Confidentiality Statement.

**Staff Consultation:** Professional staff of the SCC may seek consultation from each other in order to ensure that therapy professes as effectively as possible. All staff are required to maintain your confidentiality. Staff may also seek consultation from their legal counsel or university counsel to comply with confidentiality laws.

**Record Keeping:** SCC records are maintained electronically on a secure server with appropriate safeguards in order to prevent unauthorized access.

**E-mail:** E-mail is not an appropriate medium for personal counseling and confidentiality cannot be guaranteed. If you have given us permission to contact you via e-mail, we may contact you on rare occasions and for scheduling purposes only.

  *It is not appropriate to use e-mail to request help in a crisis situation.*

**Risks & Benefits:** Psychotherapy may evoke uncomfortable feelings and/or provoke the remembering of uncomfortable events. The therapeutic endeavor may result in increased self-understanding and an enhanced ability to handle and cope with various life situations and relationships.

**Supervision:** Your counselor may be a graduate student in training, which means that they have been carefully selected. All counseling interns receive supervision from senior counseling staff. This means that information you share with your counselor in training will be reviewed by their supervisor to ensure that you are receiving the highest quality of service. It is your right to know the name of your counselor's supervisor.

My signature indicates that I have read and understand the above information.

**Print Name:**__________________________________________________________

**Signature:**__________________________________________________________

**Date:**________________________________________________________________

Copies of this information are available on our website: www.jwu/providence/counseling